

Mask Sizes

Take a measuring tape and place it around the vertical circumference of the head over the ears.

XS Small below 52cm **S** Small 52-58cm **M** Medium 58-65cm **L** Large 65-72 cm **XL** X-Large above 72 cm

We sell more Medium than any others size. Some women, teenage girls and children will fit the small size. If in doubt as to which to size to choose select the larger size.

Head sizes and shapes differ from country to country with the smallest heads being in the Far Eastern countries and the largest in Northern Europe.

With regards to shape, these can be either very round or oval, with the far eastern countries having a rounder head and the western countries tending to have a more oval shape.

Because this is a rough guide the best way to be sure is to try masks on at your club as all manufacturers' sizes are very similar.

